



Sir Frederic Osborn School

Achieving Success Together

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 Headteacher: Mr J C Whelan BA, NPQH

Herns Lane, Welwyn Garden City
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23rd January 2018

Dear Parent/Carer,

The Anxiety Workshop for parents is taking place on Tuesday 30th January at 6:30pm and I am writing to give you further details and request confirmation of your attendance at the event.

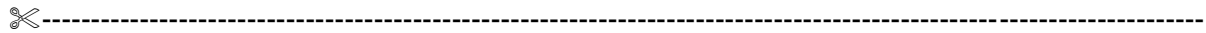
The workshop will be run by Shelley Taylor who is a Young People's Public Health Officer from Hertfordshire County Council. The purpose of the workshop is to give you a greater understanding of the worries and mental health issues that face children and young people and give examples of what you can do as a parent, and practical tools for addressing these issues.

The workshop is specifically geared towards supporting your child through the stresses they face at school, specifically focusing on exams.

Please could you complete the slip below or email admin@sfosborn.herts.sch.uk to confirm your attendance at the workshop. I do hope to see as many of you as possible.

Yours sincerely,

Mrs J Spence
Director of Learning for Year 10



To: Mrs J Spence – Anxiety Workshop

I would like to confirm my attendance at the Anxiety workshop 30th January 2018

Students Name :

Parent Name:

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