



# Sir Frederic Osborn School

*Achieving Success Together*

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Dear Parent/Carer

In 2013 Essex County Council commissioned the Risk-Avert programme to educate, inform and reduce risk-taking amongst young people.

The programme has been developed by The Training Effect, a consultancy service provider to councils across the UK.

The project is focused on early intervention and prevention. We do not expect many young people to be engaging in these behaviours at this age; however, the project is about supporting young people to make positive choices as they get older.

The programme will work with Year 8 students from the 2016/17 academic year.

All students currently in Year 8 will be asked to complete a short survey before the end of term. The survey will ask them about their experience of a range of issues including internet safety, friendships and any risk taking experience they may have been exposed to socially, including alcohol or smoking.

A percentage of young people surveyed will be offered the chance to take part in a 6-session programme to educate them about risk-taking and offer support to help them make positive choices as they get older.

At this stage we are inviting parents to inform us if **they are not happy for their children to take part in this survey and/or project.**

For any further information on the project please contact Mrs Spence via email [julia.spence@sfosborn.herts.sch.uk](mailto:julia.spence@sfosborn.herts.sch.uk) or via telephone on ext. 306.

Further details for The Training Effect can be found at [www.thetrainingeffect.co.uk](http://www.thetrainingeffect.co.uk) and further details on Risk-Avert can be found here [www.risk-avert.org](http://www.risk-avert.org)

Yours sincerely,

Mrs J Spence  
Year 8 Director of Learning

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