

PROJECT FREEFALL

**WORKSHOPS BEING HELD WITH
OUR YEAR 7 STUDENTS ON
7TH MARCH 2017**

What is Freefall? An exciting new production which fuses parkour, movement, theatre and digital arts. It is being directed by Stuart Mullins, written by Anna Reynolds and created in partnership with young carers.

The production is centred around the theme of young carers and is based on the story of breaking free from assumptions and stereotypes... Here is our Summary:

Jas is an ordinary seventeen year old girl who loves Beyoncé and social media. But she's got a big secret- she's a young carer for her mother, ill with scoliosis of the spine and bi-polar disorder, and her sister, who's severely autistic.

"Up at six, wash mum, dress mum, feed mum, feed Sophie, make sure they take their meds, off to college, worry all day. Back home, it all begins again. Usually I get to bed about 2am when I've done my assignments for college..."

She's spent most of her young life hiding her home responsibilities from school friends, teachers and other authorities in case the family gets split up, but after meeting another young carer and discovering the network of help available she's decided to make a series of vlogs so that other people her age can find out more about her life- and maybe about their own too...

But there's one thing you need to know about Jas. She doesn't want anyone to feel sorry for her. "I'm proud of who I am. What I do. I made my choice. Nobody forced me."

A key element of the Freefall tour is the workshop that will accompany every school or community performance, engaging directly with the audience about the issues raised, creating a stronger awareness of the issues Young Carers face on a day to day basis

