

### Recommended Clothing & Kit List

The key to enjoying a trip to Iceland is to make sure that you remain warm and dry.

- **Swimming suit + swimming towel**
- **Walking boots** (they should have a strong grip to cope with the conditions which may be muddy, icy, or loose moraine/ground)
- **Warm socks** (at least 2 - 3 pairs depending on the duration)
- **Layers of clothing** thermal t shirts, long sleeved t shirts, jumpers, fleece. The key is to be able to put layers on if cold, and take them off if warm.
- **Waterproof outer clothing** It is essential to have waterproof jacket (sports ones are fine). A thick warm jacket is ok but it must be waterproof.
- **Trousers** warm trousers- not jeans in case it rains, as these act like blotting paper and will make you cold. Keep these for indoors where it is warm and dry! It is essential to have a couple of changes of clothing in case you get wet
- **Warm hat and gloves**
- **Sunglasses and sunscreen** (it can be very sunny too!)
- **Indoors** The accommodation is warm and comfortable so normal clothes and trainers for inside are fine. Travel slippers or slipper socks are useful too for indoors.
- **Other Personal Items – N.B** If travellers wear **contact lenses** we recommend bringing a spare pair of glasses as dusty conditions may make lenses very uncomfortable.
- **Camera**