

Who are
Young Carers ?



A young carer is someone under 18 who provides care and support to a family member, usually because of illness, disability, addiction or mental health issues

As many as 2 pupils in every class could be a young carer!

Young carers have rights whether they look after someone every day or from time to time or if they do a lot or little caring.



How the school can help our Young carers?

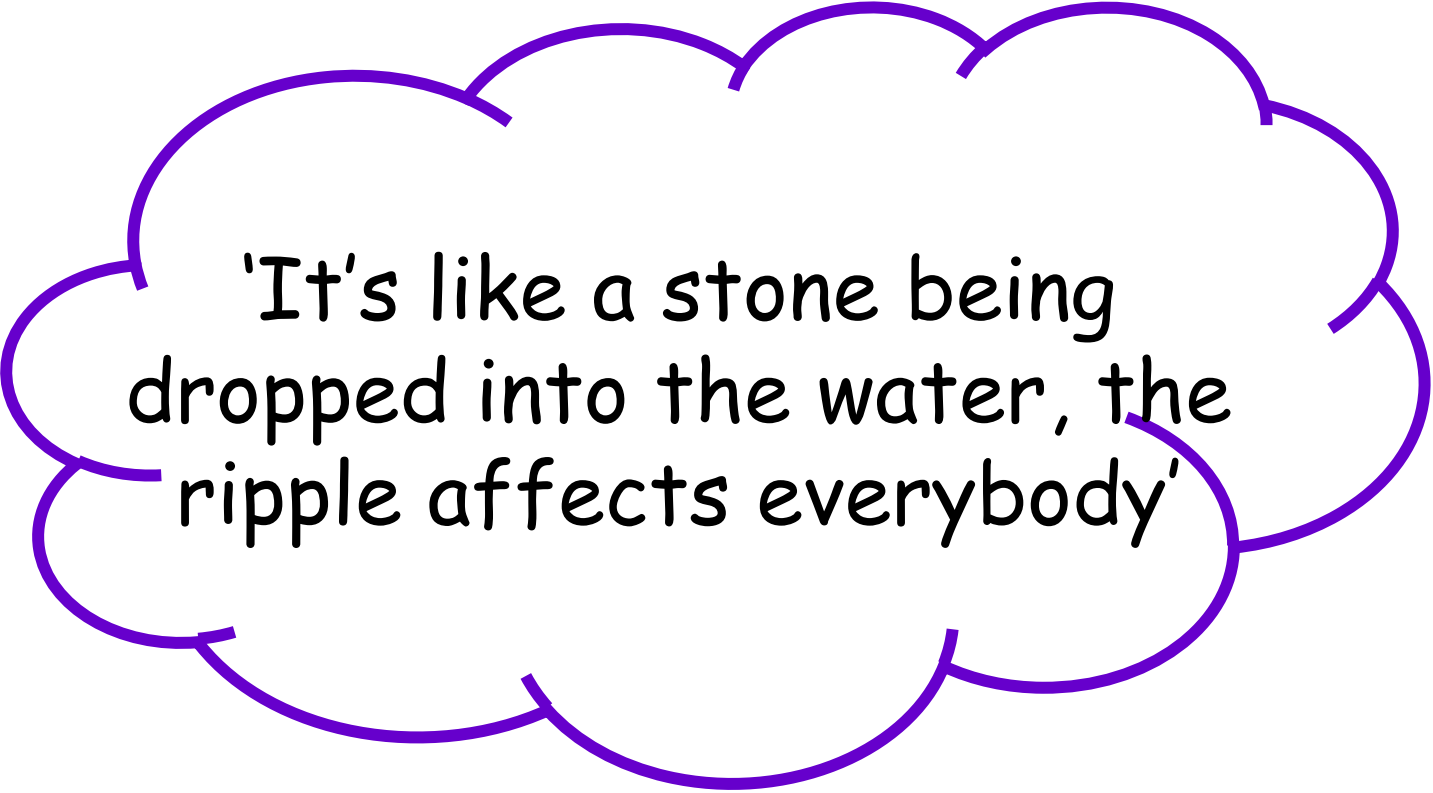
We can:-

- Provide assistance when needed
- Listen
- Support
- Empower the student to have a voice
- Provide a safe place to go when things are feeling tough
- Give guidance

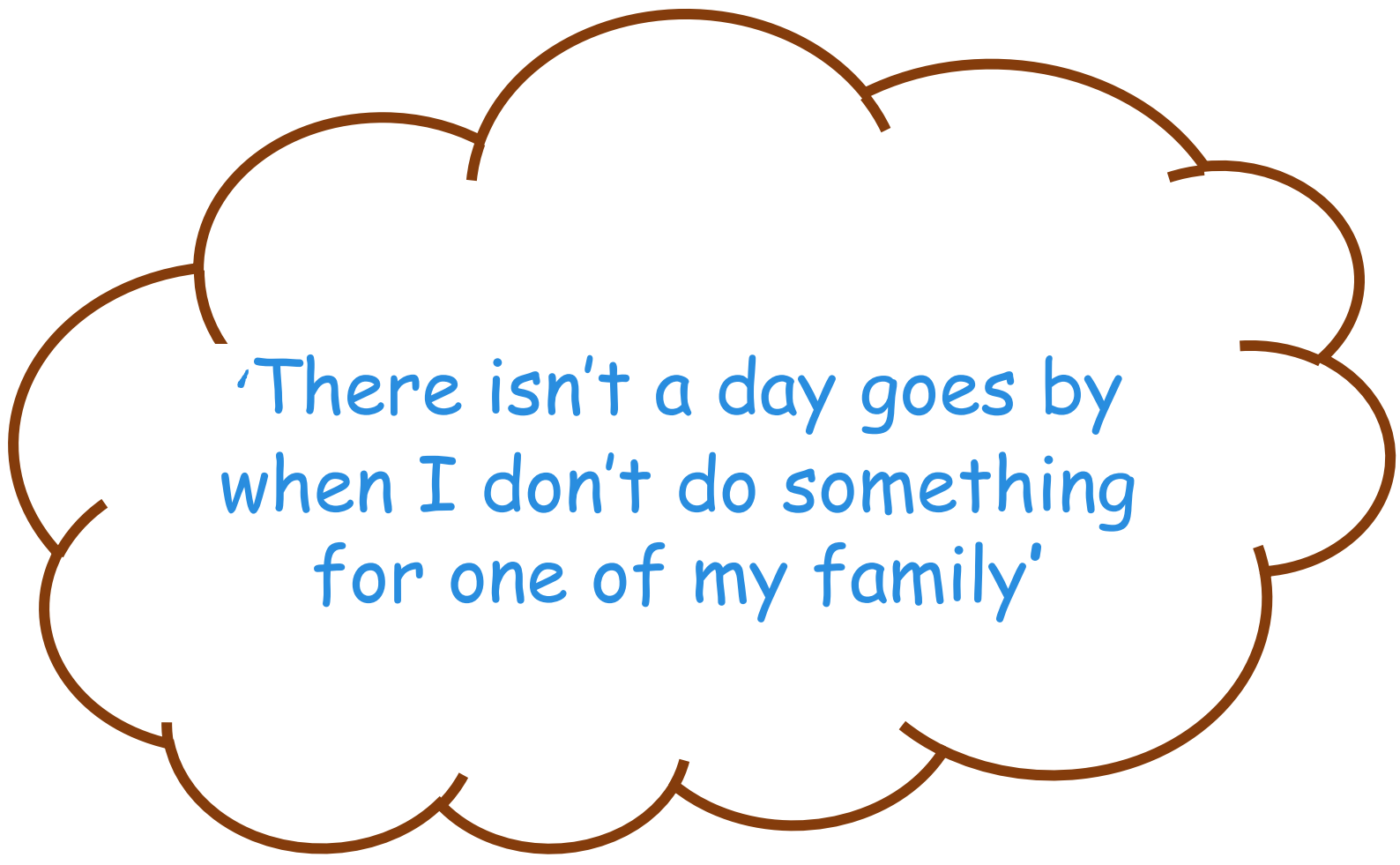


Here are some quotes from Young Carers

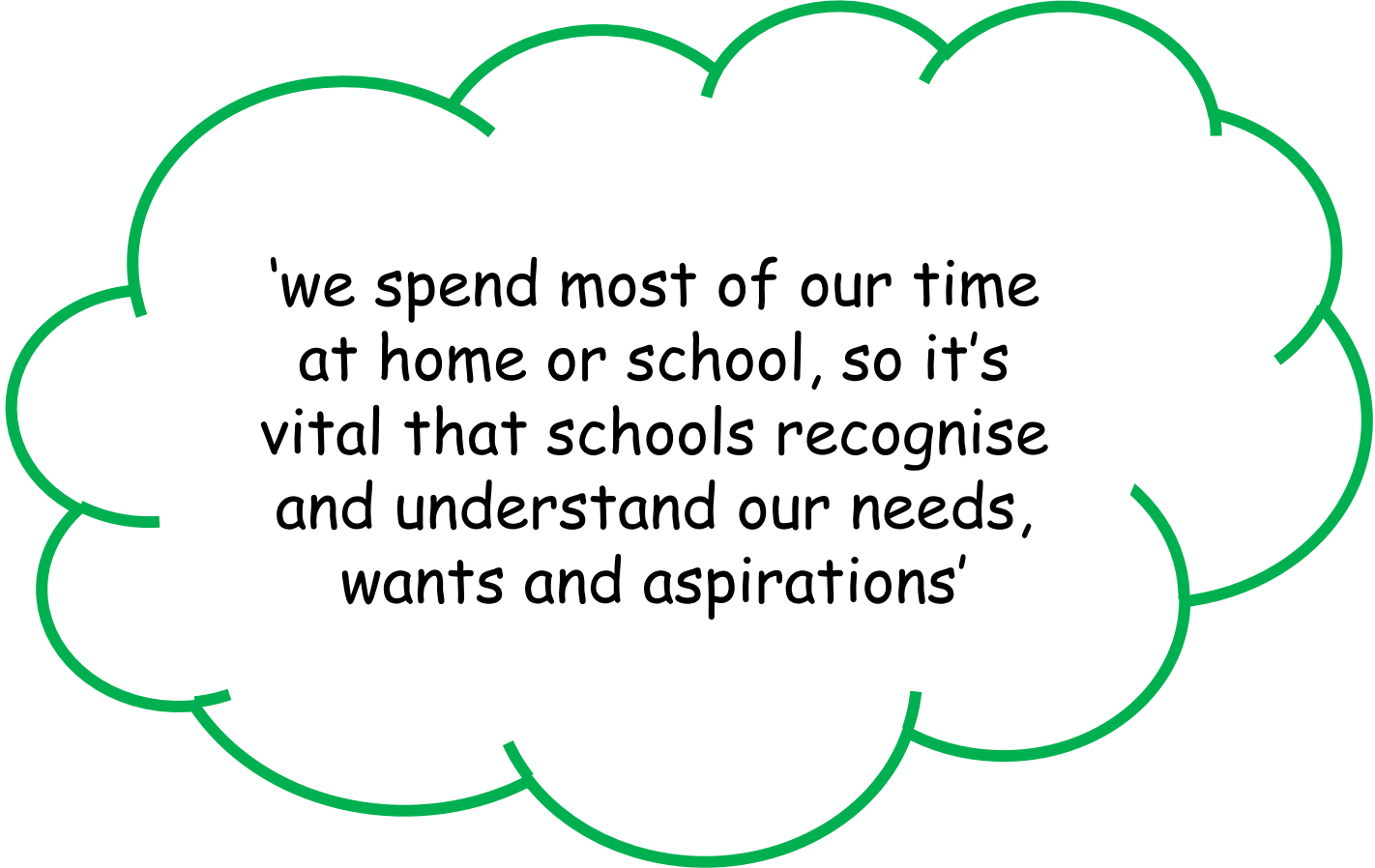




'It's like a stone being
dropped into the water, the
ripple affects everybody'



'There isn't a day goes by
when I don't do something
for one of my family'

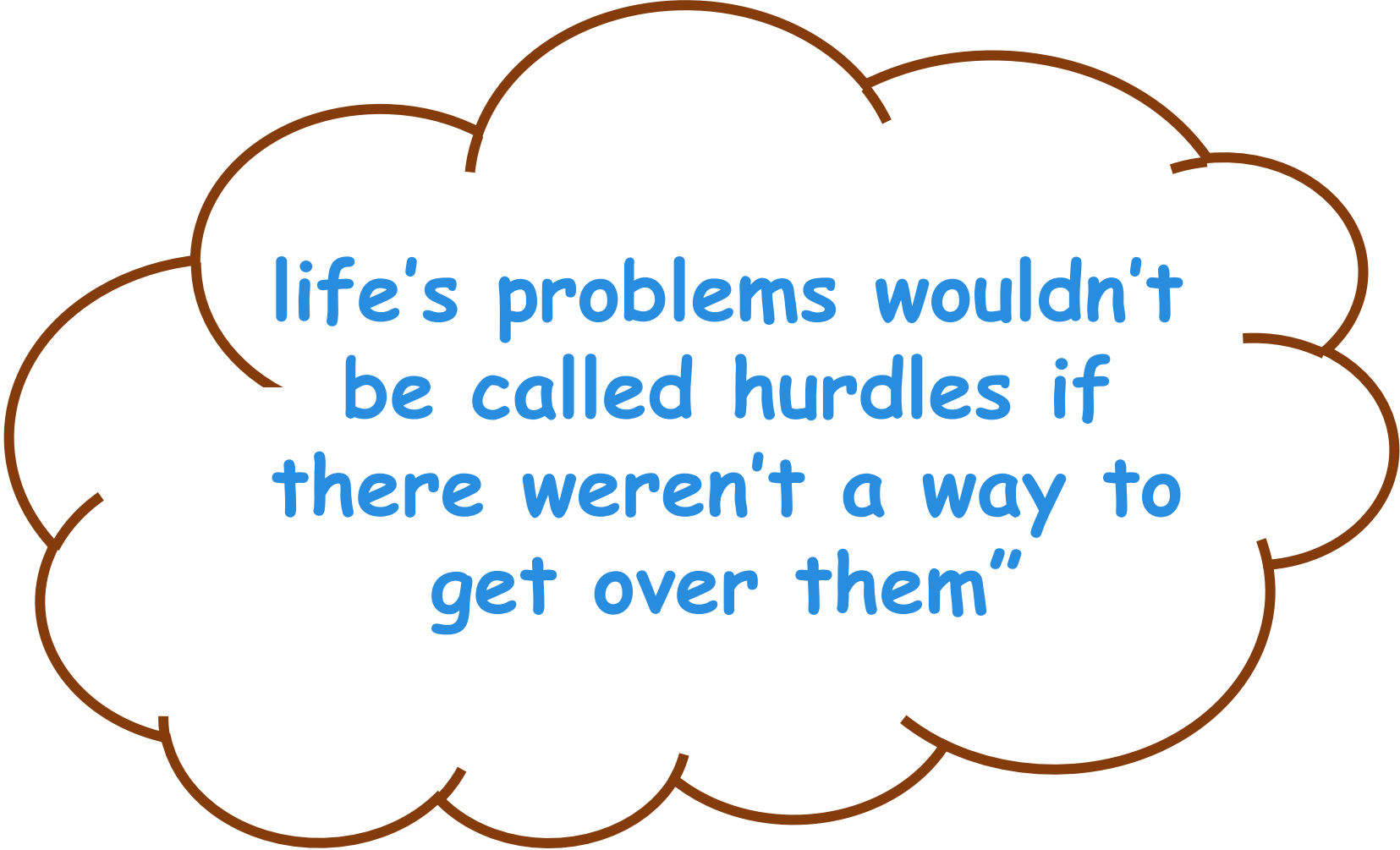


'we spend most of our time
at home or school, so it's
vital that schools recognise
and understand our needs,
wants and aspirations'

YOUNG CARER QUESTIONNAIRE

A QUESTIONNAIRE WILL BE HANDED OUT IN FORM FOR YOU TO COMPLETE AND RETURN TO YOUR FORM TUTOR.

**THIS INFORMATION WILL
REMAIN CONFIDENTIAL**



life's problems wouldn't
be called hurdles if
there weren't a way to
get over them"

WE ARE HERE TO SUPPORT YOU

Here is a video about a day in the life of Daniel, a young carer from Gateshead.

Please Click the link to view

<https://www.youtube.com/watch?v=QHQTSCgz5gs>



When we have received all the completed questionnaires Jo or Mrs Simmonds will speak to you in confidence to find out what the school can do to support you.

